

SESSION 3: HO'OPONOPONO

Hawaiian culture's 3 main forces in social order:

1. **AKUA - God**
2. **KANAKA - Man/ Woman**
3. **AINA - Land**

'Jesus answered him, “ ‘Love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the greatest and most important commandment. The second is like it: ‘Love your neighbor as you love yourself.’ “ (Matthew 22:37-39)

Ho'oponopono - to set right; a process for restoring harmonious relations in the family.

THE STEPS TO RESTORATION:

Pule - (Prayer)

Kūkulu kumuhana - (Identifying the general problem)

Mahiki - (Discussing the problem)

Mihi - (Confessing & Forgiving the problem)

Kala - (Releasing the problem)

Pani - (Closing phase)

Pule - (Close with prayer)

“If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and **heal** their **land**” (2 Chronicles 7:14 ESV)