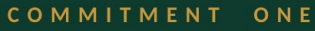


01	The Commitment to Scripture	07	The Commitment to Competency
02	The Commitment to Jesus	08	The Commitment to Methodology
03	The Commitment to Care	09	The Commitment to Authority
04	The Commitment to the Church	10	The Commitment to Integrity
05	The Commitment to Humanity	11	The Commitment to Reconciliation
06	The Commitment to Purity		

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The sufficient Word of God.

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The Commitment to **Scripture**



Rejection of Contradictory Approaches

Biblical counselors dismiss methods that oppose biblical principles. While secular care may serve physical needs, it does not supply what is essential for spiritual change.



Proper Interpretation

The counselor's task includes rightly interpreting Scripture, not confusing personal opinions or applications with the meaning of the text itself.

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The answer to every counseling challenge

Jesus Christ, the **Son of God**, came to redeem humanity through His life, death, resurrection, and ascension. He provides eternal joy and is the answer to every counseling challenge (Hebrews 1:3).

People receive these blessings through repentance toward God and faith in our Lord Jesus (Acts 20:21). Believers are called to point others to Christ in **every interaction**, whether formal or informal.

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SESSION 8



Counselors should also stress that faith in Jesus is essential for sanctification. A person enters life by it and goes on growing by it for as long as he lives (Colossians 2:6).



Counseling is an expression of love.

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Discernment with Fees

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Counselors under Church Leadership

SESSION 8

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Every person bears immeasurable dignity

God created man in his own image, male and female (Genesis 1:27), giving every person immeasurable dignity. Biblical counseling recognizes this value and seeks to care for **image bearers** according to God's Word.

Counselors must **honor life** and reject sins like abortion, euthanasia, and assisted suicide, which harm people and **dishonor God**.

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The Body

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The Commitment to Humanity



God created humanity male and female, equal in worth but distinct in role. In counseling, this means men and women disciple one another in daily life, yet women should not formally counsel men, since this entails exercising authority over them, which Scripture forbids (1 Timothy 2:12). Men are likewise committed to ministry to women, and should

EQUAL IN WORTH • DISTINCT IN ROLE



God's design for sex and a holy life.

Personal Purity: Biblical counselors must pursue sexual purity in all areas of life. Scripture commands Christians to flee sexual immorality (1 Corinthians 6:18), and counselors must **guard their conduct** in every interaction.

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The Commitment to **Purity**



Purity of Intentions

Sinful sexual behavior begins in the heart (Matthew 5:28). Counselors must, by God's grace, fight lustful intentions and keep their hearts devoted to holiness.



Promoting Purity in Counselees

Counselors must call counselees to purity, warning them of the pain and consequences that flow from sexual sin and pointing them to God's good design.

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COMMITMENT SEVEN

The Commitment to Competency

Wisdom and skill for effective ministry.



Biblical counseling requires trust in Christ and His Word, and it requires growth in wisdom and skill for effective ministry.

Education and Training: Biblical counselors must pursue **quality education, practical training, and mentoring** that develop skillful counseling practices.

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The Commitment to **Competency**



Ongoing Growth

Counselors must commit to lifelong learning as new counselees bring fresh challenges. Growth comes through deeper study of Scripture and increasing wisdom from experience.



A Living Walk with Christ

A counselor's effectiveness depends on a close walk with Christ. The mouth speaks from the overflow of the heart (Luke 6:45), so fellowship with Him is essential.

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Careful attention • Thoughtful assessment

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The Commitment to Methodology

The change process revealed in Scripture.



Biblical counseling requires understanding and following the **change process revealed in Scripture**. Scripture equips the man of God completely for every good work (2 Timothy 3:17), counseling included.

Centrality of Christ: The heart of biblical counseling rests on the **person and work of Jesus Christ**. Counselors point counselees to Him and teach them to **grow in His grace**.

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SESSION 8

*Order that reflects His own
nature*

Counselors submit to God as the **supreme authority**, helping others see that His Word is the **final standard for life**. Every human authority is accountable to Him, and His truth governs all other voices.

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Authority in the Church

Counselors encourage submission to the church's shepherds, who keep watch over souls as those who will give an account (Hebrews 13:17). When exercised faithfully, their spiritual authority provides care and direction for believers. O N 8

A gift from God • Preserving order

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The Commitment to **Integrity**



Confidentiality

Counselors must guard counselees' private information with care. Clear communication about confidentiality builds trust and strengthens the counseling relationship.



Accurate Representation

Counselors must truthfully represent their training and experience. Integrity is compromised when one exaggerates or misrepresents qualifications.

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The Commitment to Reconciliation

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God desires **peace with His creation**, offering forgiveness through Christ's sacrifice. Blessed are the peacemakers (Matthew 5:9), and biblical counselors are called to be exactly that.

Peace with God: Counselors must guide counselees toward reconciliation with God through **repentance and faith**. They help identify sin, encouraging confession and reliance on **Christ's forgiveness**.

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Peace with Counselees

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Essential Qualities

of a Biblical Counselor

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