



The Definition & Goal of Biblical Counseling

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DEFINITION

Part 1 of 2

“

Biblical counseling is the **personal discipleship ministry** of God's people to others under the oversight of God's church, dependent upon the **authority and sufficiency of God's Word** through the work of the Holy Spirit.

*It seeks to **reorient disordered thoughts, desires, affections, behaviors, and worship** toward a God-designed anthropology in an effort to restore or establish right fellowship with God and others.*



... thus working to make them mature as they abide in Jesus Christ.

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Essential Books



Competent to Counsel



The Church as a Culture of Care



The Biblical Counseling Movement



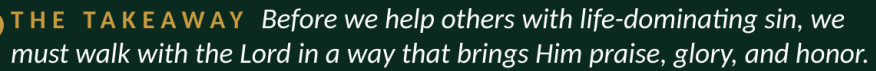
The Biblical Counseling Movement

[illegible]

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"For all have sinned and fall short of the glory of God."

MATTHEW 7:5



Foundation Passages

ALL SCRIPTURE

ADMONISH • ENCOURAGE • HELP • PATIENT

⚠ A CAUTION: Don't focus only on admonishment — counseling also needs encouragement, help, and patience.

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— COLOSSIANS 3:23

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— JOHN 13:34-35

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Biblical?



Emphasis on the Church Community



The Goal Is Glorifying God



Adherence to Biblical Truth

Scripture, not cultural wisdom, is the rule and authority.

Biblical?

*Wisdom from above, not
the patterns of this world.*



Christ and His gospel are the hope of every counselee.



Heart, mind, body, and
relationships — the whole
person.

Why must counseling be **BIBLICAL**?



Five reasons Scripture — not psychology — must be our foundation.



&



LOVE OTHERS

If we love God, we will obey His Word and follow everything in the Bible. It also means we are to love God's people.

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S E S S I O N O N E

To the glory of God alone

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